

# CECE & LOWER SCHOOL LUNCH MENU

## February 2023

*Celebrating Black History Month!*

30 Monday	31 Tuesday	1 Wednesday	2 Thursday	3 Friday
Cod Fish Sticks Zucchini Sticks Roasted Potatoes Green Beans	Turkey Bolognese Lentil Bolognese Penne Pasta Peas & Carrots	 <i>Celebrating Lunar New Year</i> Korean BBQ Pork BBQ Tofu Steamed Buns & Rice Cucumber Salad Sliced Oranges	<i>Celebrating Black History Southern Classics Menu</i> Crispy Chicken & Waffles Sweet Corn Hush Puppies Rainbow Slaw Banana Pudding	<i>Meatless Friday!</i> Cheese Pizza or Veggie Pizza Roasted Broccoli Fresh Fruit Salad
6 Monday	7 Tuesday	8 Wednesday	9 Thursday	10 Friday
Spaghetti & Meatballs Pasta w/ Marinara Sauce Garlic Bread Sweet Peas	Shredded Chicken Quesadilla Vegetarian Refried Beans Cilantro Lime Rice Roasted Corn	Turkey & Cheese Panini Caprese Panini Potato Wedges Caesar Salad	<i>Celebrating Black History North African Menu</i> Berbere Spiced Chicken Shakshuka (Egg & Tomato) Flatbread Roasted Vegetable Medley	<i>Meatless Friday!</i> Mac n' Cheese Assorted Toppings Roasted Broccoli Fresh Fruit Salad
13 Monday	14 Tuesday	15 Wednesday	16 Thursday	17 Friday
<i>Celebrating Black History "Bob Marley's Favorites"</i> Jamaican Curry Chicken Curried Chickpeas Steamed Rice & Plantains Garden Salad	<i>Celebrating Black History "Michael Jordan's Favorites"</i> Grilled Steak w/ Ginger Jus Crispy Eggplant Garlic Mashed Potatoes Roasted Zucchini	<i>Celebrating Black History "Smokey Robinson's Favorites"</i> Sausage Gumbo Veggie Gumbo Homemade Cornbread Roasted Broccoli	<i>Celebrating Black History "Langston Hughes' Favorites"</i> Chicken Pot Pie Vegetable Pot Pie Fingerling Potatoes Sweet Corn	<i>Celebrating Black History "Rosa Parks' Favorites"</i> Fluffy Buttermilk Pancakes Cheesy Scrambled Eggs Hashbrowns Fresh Berries
20 Monday	21 Tuesday	22 Wednesday	23 Thursday	24 Friday
<i>Presidents Day</i> No School	General Tso's Chicken General Tso's Cauliflower Jasmine Rice Edamame	Crispy Fish N' Chips Crispy Eggplant Mixed Greens Salad Homemade Tartar Sauce	<i>Celebrating Black History Caribbean Menu</i> Guyanese Beef Pepper Pot Metemgee (Root Vegetable Stew) Steamed Rice & Bread Roasted Green Beans	<i>Meatless Friday!</i> Classic Grilled Cheese Spinach Artichoke Grilled Cheese Tomato Soup Roasted Broccoli Fresh Fruit Salad
27 Monday	28 Tuesday			
Turkey Burger Veggie Burger Shoestring Fries Roasted Green Beans	<i>Celebrating Black History West African Menu</i> Chicken Stew Red Bean & Sweet Potato Stew Jollof Rice Creamed Spinach			
<p>* Sandwich/Salad Bar is open daily                      * Vegetarian entree served daily                      * Gluten and dairy free alternatives available                      * Sauces typically served on the side for grades PK- 1                      * Menu subject to change based on product availability</p>				

